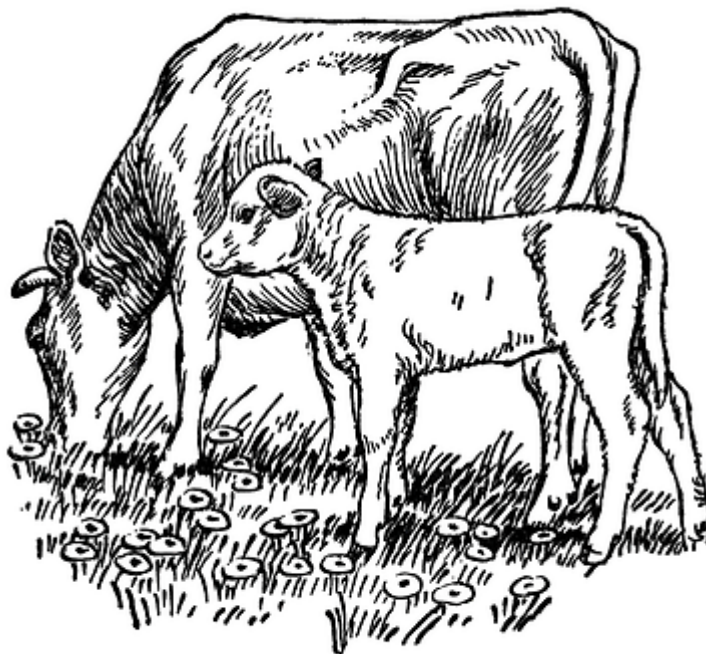


4-H Calf & Heifer Record



Year: _____

Goals

Identifying goals and how you are going to reach those goals is important to help you become more skilled and knowledgeable about your project and other parts of your life. Goals may be personal or specific to your project. Ask Yourself, what do I want to accomplish this year?

Record one **SMART** goal (**Specific, Measureable, Attainable, Realistic and Timely**) with two “TO DO’s” that will help you complete your goal. See Record Book guide for help on writing **SMART** goals

Goal	
To Do Plan	<div><div>1.)</div><div>2.)</div></div>

If your unsure what to do, who can you go to for help about your projects?

4-H Calf & Heifer Record

Year in Dairy Project
(circle) 1 2 3 4 5 6 7 8 9 10 11 12 13 14

Member Information:

Your Name (please print)

Date of Birth

Address

Club



Animal Information:

Registration
Name _____ Reg # _____

Identification	
Number	Breed

Barn Name _____

Birth Date	Date Project Started
------------	----------------------

Sire	Reg #
------	-------

Dam _____ Reg # _____

Complete one dairy project record for each 4-H dairy animal.

Place Photo Here

Fair Entries (Add additional page if needed)

[illegible]

Record feed weights on a lbs. Per day basis.

Health Record (Include routine vaccinations)

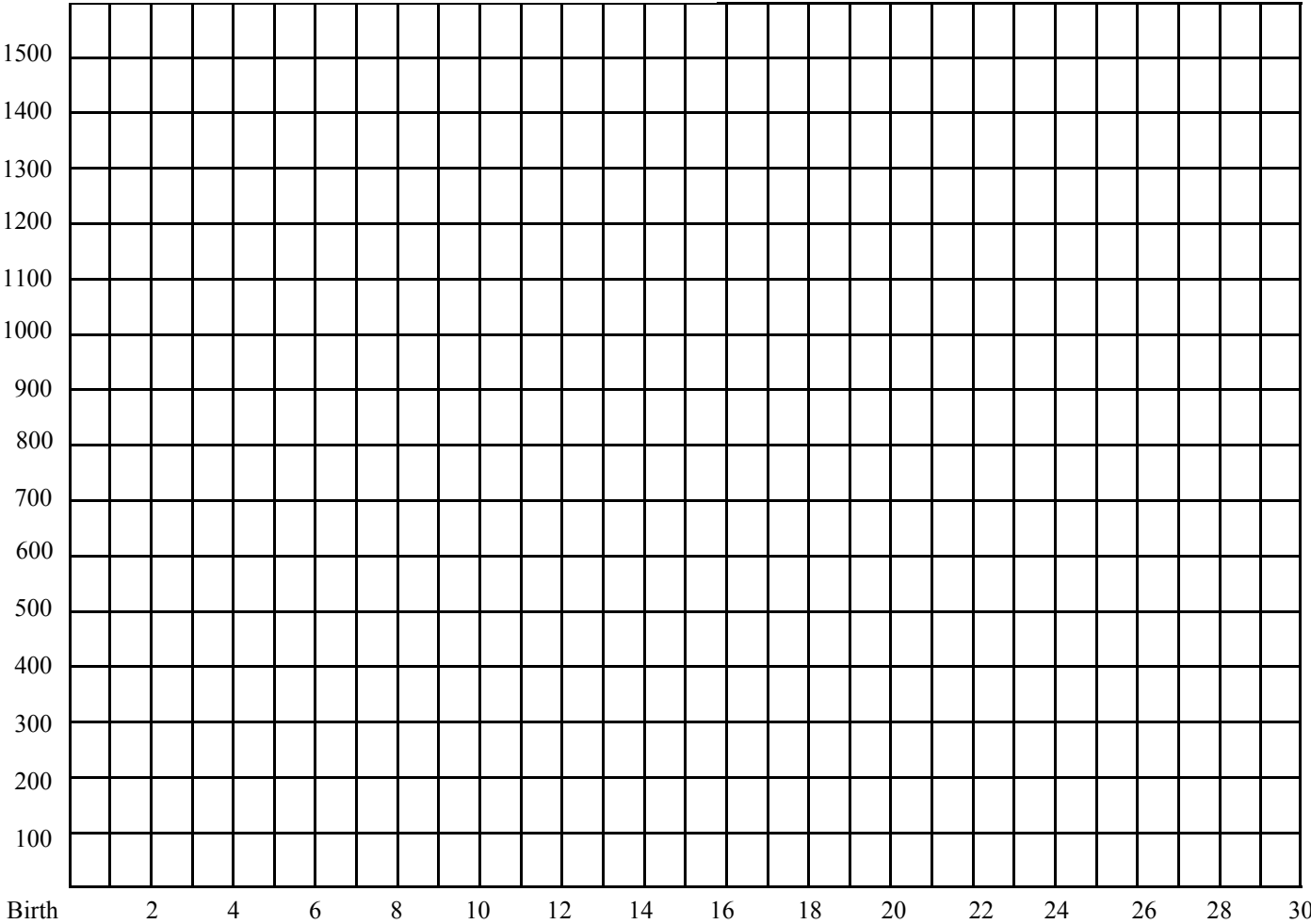
Growth Record (weigh your calf at least every other month) **Birth Weight of Calf** _____ lbs.

Heat and/or Breeding Record

Date of Activity			Heat Signs Observed	Sire Used	Date Due	Remarks
Mo.	Day	Year				

Record feed weights on a lbs. per day basis.
 Pencil may be used for totals if the chart is not complete

Age of Calf in Months															For Each Feed	
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	Total lbs. Used	Total Cost/Value
Growth Standard For Dairy Heifers <div>Total Cost of Raising This Animal</div>																



Your heifer should be bred when she reaches this weight:
 Ideally she should reach this weight by 15 months so that
 she can be bred and calve by age 2.

Holstein	750 lb.
Brown Swiss	750 lb.
Ayrshire	600 lb.
Guernsey	550 lb.
Jersey	500 lb.

Indicate
Year:

Revised 2007

Goal Reflection

Goals help you to achieve more when you review them each year. At the END of the year, answer the following:

Did you meet your goal this year? Why or why not?	
Which “to Do” did you complete?	
What helped you be successful?	

Project Completion

I declare that the information in this book is correct and all 4-H requirements, including Meat Quality Assurance training, have been completed to the best of my knowledge.

Last Meat Quality Assurance training attended: _____ (if applicable)

_____ Date _____ Location _____

Member Signature _____ Date _____

Leader Signature _____ Date _____

Parent/ Guardian Signature _____ Date _____

NOTE: Include this as the very last page of your record book, after your story, pictures and any supplement pages

